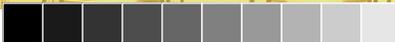


Anil

to the Rescue



Note to caregivers

This book is part of a set of materials for children and caregivers in Fiji to help meet psychosocial needs after a cyclone.

This set of materials was produced with a unique group of participants who came together to produce a gift for the children of Fiji. People from the Ministries of Education, Health, Social Welfare and Information, together with participants from a range of NGOs, the University of the South Pacific and some of the most creative talent in the country developed materials to help children heal and to support their courage and resiliency.

Children's difficult emotions during these difficult times are normal and they should be acknowledged and accepted. These emotions come after a disaster but they are part of everyday life as well.

Our hope is that these materials will help them to feel that they are not alone, that there are many helpers and caregivers to support them. This includes children and adults with disabilities and those from marginalized groups who have a role to play in contributing to positive change in their families and communities.

We hope that you will use these materials in many creative ways. In addition, we know that you will come up with your own excellent ideas to help and support children during and after a natural disaster and in everyday life. We welcome your feedback on the materials and your suggestions for improvements and additional needs of Fijian children.



Lia is a new girl
in school.



Lia is missing her
grandma, her
old school, and
her hot school
lunches.





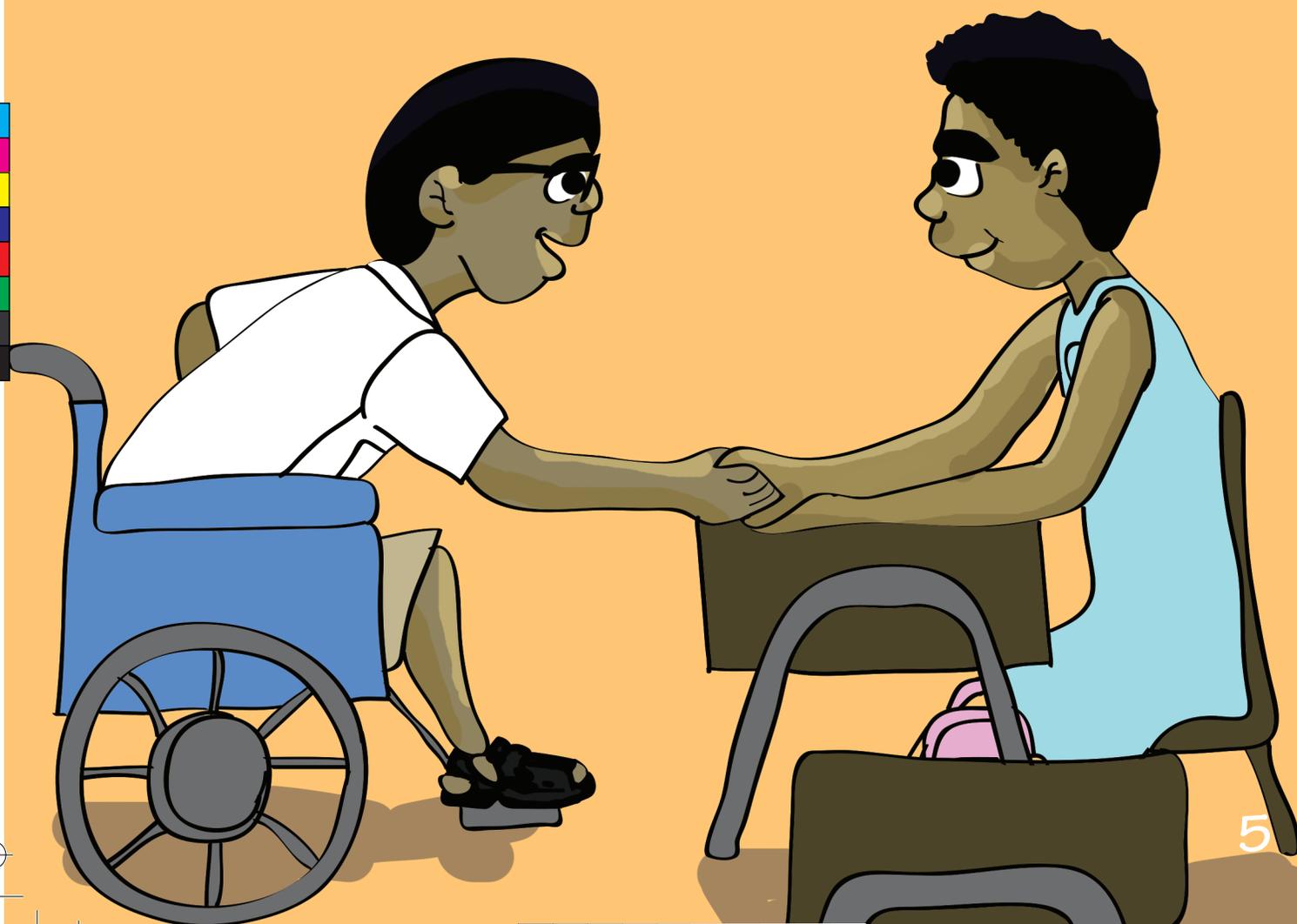
In the middle of her daydream, the siren rings loudly. The loud noise scares Lia.

It was the first time she heard the siren for recess.

As everyone
rushes out,
Anil notices
Lia sitting
alone at her
desk.



Anil confidently wheels over to Lia's desk and says, "Hi, I'm Anil." Lia shyly replies, "I'm Lia."



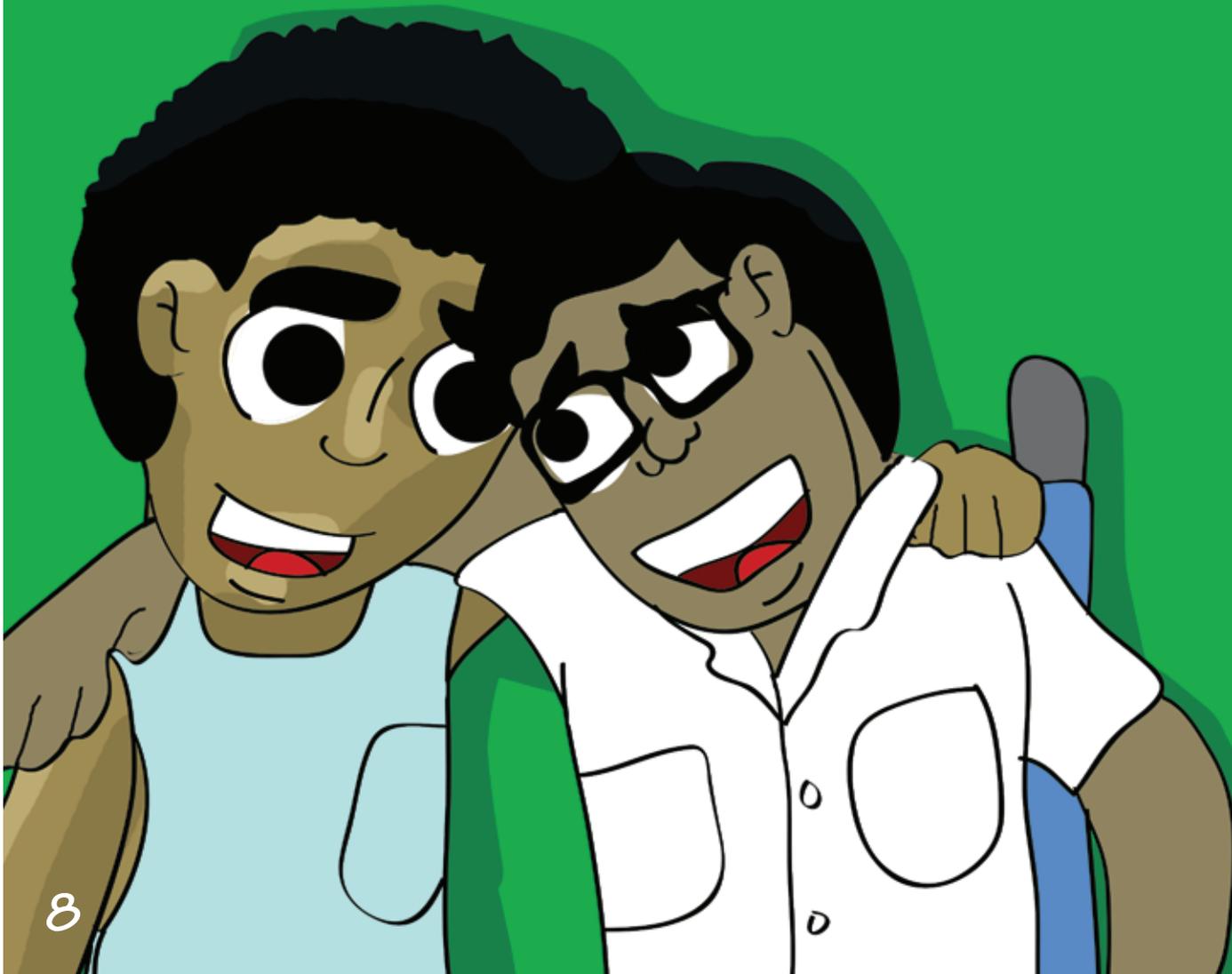
"Do you want go for a ride? Jump on", Anil says to Lia. He motions for her to go around his wheelchair and jump on the back.



"Are you ready? Weeeee!", shouts Anil and zooms out the classroom to the delight and surprise of Lia. All the children looked at them with glee!



Lia can't remember having such a good time. She has made new friends and is sure to make many more. Anil came to her rescue.



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This book is an educational resource for children in the aftermath of cyclones and other natural disasters. It has been put together to encourage resilience in young children. We hope you enjoy these material.

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