



Ministry of Education,
Heritage and Arts

HOW TO WASH YOUR HANDS

WASH YOUR HANDS WITH CLEAN WATER AND SOAP FOR 20 SECONDS



Step 1: Wet hands
with clean water



Step 2: Apply enough
soap to cover wet hands



Step 5: Shake your
hands to dry them



Step 4: Rinse thoroughly
with clean water



Step 3: Scrub all surfaces of
your hands, fingertips,
fingernails, and wrists



CLEAN HANDS SAVE LIVES

unicef 
for every child